



## Instructions for After Your Sedation

- Have an adult companion drive you home after the IV sedation appointment and stay with you for the next 24 hours until the effects of the IV sedation have worn off.
- Don't perform any hazardous activities, drive, or operate heavy machinery for 24 hours.
- Do not take over responsible tasks or make important decisions for at least 24 hours until you are fully mentally alert.
- Remember to drink plenty of fluids to stay hydrated, especially in the first 24 hours.
- If you're hungry, have only a light meal at first; a heavy meal may upset your stomach.
- If you experience nausea, lie down for a while. If the symptoms are intense or persist, please contact Dr. Summers immediately.
- Do not smoke or drink alcohol following the administration of IV sedation.
- Take any medication prescribed by Dr. Summers. Take all other medications as prescribed unless you have previously discussed altering these medications with Dr. Summers.
- If you have any questions or concerns, please call Dr. Summers' office. If you are unable to contact Dr. Summers or you suspect you are having an emergency, call 9-1-1 immediately.